

# What's your communication style?

(PRINT AND FILL OUT)

FOR EACH OF THE FOLLOWING STATEMENTS, PLEASE PLACE A NUMBER NEXT TO EVERY PHRASE.  
USE THE FOLLOWING SYSTEM TO INDICATE YOUR PREFERENCE:

**4= CLOSEST TO DESCRIBING YOU 3= NEXT BEST DESCRIPTION 2= NEXT BEST 1= LEAST DESCRIPTIVE OF YOU**

## 1. I make important decision based on:

- Gut level feeling
- Which way sounds the best
- What looks best to me
- Precise review and study of the issues

## 2. During an argument, I am most likely to be influenced by:

- The other person's tone of voice
- Whether or not I can see the other person's point of view
- The logic of the other person's argument
- Whether or not I am in touch with the other person's true feelings

## 3. I most easily communicate what is going on with me by:

- The way I dress and look
- The feelings I share
- The words I choose
- My tone of voice

## 4. Its easiest for me to:

- Find the ideal volume and tuning on a stereo system
- Select the most intellectually relevant point in an interesting subject
- Select the most comfortable furniture
- Select rich, attractive color combinations

## 5. I am:

- Very attuned to the sounds of my surroundings
- Very adept at making sense of new facts and data
- Very sensitive to the way articles of clothing feel on my body
- Have a strong response to colors and to the way a room looks

## Communication Style Grading

Step One: Copy your answers from above

Step Two: Add the numbers with each letter.  
There are 5 entries for each letter.

1. \_\_\_K \_\_\_ A \_\_\_ V \_\_\_ Ad

2. \_\_\_A \_\_\_ V \_\_\_ Ad \_\_\_ K

3. \_\_\_V \_\_\_ K \_\_\_ Ad \_\_\_ A

4. \_\_\_A \_\_\_ Ad \_\_\_ K \_\_\_ V

5. \_\_\_A \_\_\_ Ad \_\_\_ K \_\_\_ V

	V	A	K	AD
1				
2				
3				
4				
5				
Total:				